

What to Bring

PCR will establish a camp kitchen with all the equipment needed for meals including plates and utensils (we will not provide any cups or mugs so please bring your own for beverages). PCR will provide all meals while on the project including breakfast, lunch, dinner. If you want to bring any personal snacks for after work or in between meals, you are welcome to, along with any beverages such as beer, wine, or soda.

You are responsible for providing your own camping gear such as a tent, sleeping bag, and sleeping pad, along with your own personal field gear such as a backpack, water bottles, and sunscreen. All field equipment needed for projects will be provided; however, you are welcome to bring personal gear if you have it.

The following lists include recommended items to bring along for PCR projects. These lists include the basics so feel free to bring additional items. Some projects may require specific gear or may have certain restrictions. If this is the case, we will provide additional information on the project page.

In Camp:

- Camping gear (tent, sleeping pad, sleeping bag, pillow, and anything else you want for camping)
- Warm clothes (sweatshirt, vest, jacket, hat, gloves, for cooler mornings and evenings)
 - *If you are participating in any mountain projects please keep in mind that at 7,000+ ft the weather is unpredictable, and temperatures can drop to low 30s overnight even during summer months. Please plan accordingly.**
- Camp chair
- Flashlight or headlamp with extra batteries
- Insect repellent
- Coffee mug/travel mug
- Camp shoes (sandals are allowed in camp)
- Personal hygiene supplies (toothbrush and toothpaste, deodorant, wet wipes)
- Evening beverages such as beer, wine, soda, etc.

Extras:

- Solar shower (many projects will not have access to daily showers, or even any showers)
- Towel
- Shower shoes/sandals
- Bathing suit (some projects are near rivers)
- Books
- Hammock
- Musical instruments
- Games/cards
- Cooler for personal drinks and snacks
- Camp clothes

In the Field (for all projects):

- Long pants
- Closed toed shoes
 - *For safety reasons no shorts or sandals may be worn while in the field**
- Lightweight, rugged clothing
- Long sleeves are recommended for sun protection however, short sleeves and tank tops are ok
 - *If you plan on wearing sleeveless shirts, it is recommended that you bring along a lightweight, long-sleeved shirt in case you need to reduce your sun exposure during the day.**
- Day pack large enough to carry your water, lunch, and personal items
- Water bottles/camelback for a full day (plan to not be able to fill up during the day)
 - *We recommended at least two 1-liter bottles but more is always better**
- Sun hat
- Sunglasses
- Sweatshirt
- Rain gear
- Sunscreen
- Lip balm (SPF)
- Insect repellent

Extras:

- Camera for personal use
- Personal first aid-kit
- Hand sanitizer
- Notebook for personal use
- Clipboard
- Pencils (no pens)

For Excavation Projects:

- Smooth soled boots or soft/smooth soled shoes
 - *No to low tread on the sole is required for excavation, hiking or heavy soled work boots are not allowed on excavation projects.**
- Water shoes or ditch boots for waterscreening (we will note if these are needed depending on the project)

Extras:

- Snug-fitting work gloves
- Kneeling pad
- Personal dig kit (we will supply all gear needed for excavation, but you are welcome to bring your own, see our list on the next page of some things to buy if you want your own dig kit)

For Survey, Testing, and Site Recording Projects:

- Hiking boots or sturdy work boots that come up high on the ankle
- Day pack large enough to carry water, lunch, and personal items (preferably with chest and hip straps)
- Compass

Personal Dig Kit:

We suggest the items below as a start if you want to create your own dig kit. We recommend starting with the basics initially and adding to it over time as you gain experience and find what works for you. **Please note, PCRG will supply all field equipment needed for each project; none of these items are required.**

-Trowel

We recommend a 4- to 5-inch x 2- to 2.5-inch blade Marshalltown “pointing” (triangular) trowel; such as [this one on Amazon](#) or from this from [Forestry Suppliers](#). **Small trowels are easier to use, and move more dirt, than large trowels.**

-5-meter metric tape measure (make sure it is metric; it’s OK if it is both English and metric)

-Mason’s line level (levels with a metal housing are preferable, but not necessary, [like this one](#))

-Plumb bob with string

-4-5 small wooden tools (e.g. chop sticks, potter’s tools, or split bamboo)

-Small pocket knife or Leatherman

Optional:

-Second trowel (Many people also like to use a “margin” (square) trowel with a 5-inch blade)

-Snug fitting work gloves

-1-meter tape measure

-Foldable metric ruler (often called “Red End”)

-Foam kneeling pad or knee pads

-Small tackle/tool box or bag or other container to hold excavation gear